



GAUMUKH TREK ITINERARY FROM PRAKRITI RETREAT

DAY 1

Arrive At Prakriti The Retreat.

Settle into Prakriti The Retreat and experience a spiritual evening at Kalp Kedar/Mukhba Temple

DAY 2

Leave for Gangotri to Bhojbasa (14km trek)

Start the day with a scenic drive to Gangotri, to kick off your Gaumukh trek. Your stay this night will be in a tent with a full camping experience

DAY 3

Move ahead from Bhojbasa to Gaumukh & back to Bhojbasa (5km trek).

Absorb the serenity of the snow capped peaks and take in the pristine mountain air. This day you will stay the night in a tent with a full camping experience

DAY 4

Trek from Bhojbasa to Gangotri and arrive at Prakriti

Check into Prakriti The Retreat. Enjoy the evening, relax and eat some delicious Garhwali Food! A special Garhwali Thali awaits you.

DAY 5

Stay at Prakriti and enjoy local experiences & sightseeing of Bagori Village Harsil Valley.

Spend the day exploring Harsil Valley, Bagori Village. End the day with Aarti at the Mukhba Temple

DAY 6

Depart from Prakriti for Home destination

Inclusions:

- Accommodation at Prakriti and during the trek in tents
- All meals during the Trek and at Prakriti
- Guide from Gangotri to Gangotri
- Gangotri National park permits
- Tents sleeping bag, kitchen tent , dining tent & toilet tent.
- Cook, kitchen staff
- Medical kit with oxygen cylinder

Exclusions:

- Personal porter
- Tips
- Travel insurance and medical insurance
- Transport to and fro Prakriti. Transport locally within Harsil/Gangotri area.

Please email on info@prakritiretreat.com for prices per person

*Trekking and camping is in collaboration with our regional trekking companies in Harsil.